

EUROPA

Modern Lifestyle Images



SUMMER FUN
EDITION

BEAUTY

Mirror, mirror on the wall
I am beautiful after all.

FAMILY

Who are the new branches
on your family tree?

LIFE

WEDDINGS
EVENTS
PARTIES

No 3



Summertime is upon us. The sun

shines down and give us that shot of vitamin D we all long for. It opens the floodgates of fun. Enter Paddle Mystic or hello.. Peddle Mystic !!!! In their third year of operation in Mystic Connecticut. A hop, skip and a jump from the flag pole they are happy to give you that dosage of sun and fun on land or sea.

Bicycle, paddle board, kayak or hey blow up crocodile...what ever suits your fancy they have it all . This years line up features SUP AXP Paddleboards, Old Town Kayaks, Framed Fat Tire Bikes and Phat Cycle Beach Cruisers.

Europa was lucky enough to pop off a few shots before the high season. We had such a groovy time trying to recreate that Beach Boys vibe with a twist of today. We even managed to talk my cousin into bringing the 67 stang out. Needless to say I have many great high school memories crusin' around with my cuz in that vehicle. Enough reminiscing.....Back to the current topic!

Think Reggae Party but with a different sort of dance movement. Jeff, fearless leader and owner , is a certified PaddleFit Level 1 instructor ...he knows his shite. He quite frankly is one of the friendliest people I know easily confirmed by looking through the many positive reviews.

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Bossman/Owner: Jeff Jodoin

Paddle Mystic Peddle Mystic MYSTIC RIVER ADVENTURE CO

15 Holmes St Mystic, Connecticut
860.245.6068

Our sun seekers: Jennifer, Chelsea, Chris, Madison, Carlton the pup. Makeup: MBDBeauty Andrea Zola Hair: Europa Photography

Sparkling Reviews!

"For my first time paddle boarding, I couldn't have asked for a better experience. Jeff is an awesome instructor and possesses tons of patience and skill when it comes to teaching this newbie how to paddle. We went out for the Full Moon Paddle with a group of about ten paddle boarders, and it was definitely a unique experience that everyone should try! Everyone was allowed to go at their own pace, and Jeff was really knowledgeable of the area. I can't wait to paddle again" - Sara

"We had a terrific time kayaking with Paddle Mystic. The staff was super friendly and helpful, the price was good, and the river was beautiful. Highly recommended." - Russ.

"I loved this place the first time I drove up to it. The water is so smooth and the view is awesome every where you look. I am an experienced paddler and Jeff the instructor taught me even was to improve my paddling and board experience. Loved traveling the waters and getting a great work out in, on the water out side. I am the SUP yoga teacher there and love teaching on the water as while as paddling. This is one of my favorite places to go and I live over a hour away. It's so worth the drive." - Tracy.







This winter Jeff spent some time at the PaddleFit Coaches Summit in Florida training and kitzing to prep for the 2017 season. He headed home with a boatload of new ideas and a few new favorite beverages! Enter Paddle Mystic's new self guided tour down scenic River Road complete with "HotSpots" providing detailed descriptions of your current stop.

2017 brings back some old friends and adds a few new. Jammie Barnhill is now part of the crew and adding value as a SUP Fitness Instructor & Tour Guide. For those of you newbies SUP is Stand Up Paddleboard. You can join Jammie for SUP Fitness classes! Watch the FB page for updated schedules. Lets not forget our returning Tracy Zito the Paddle Mystics SUP Yogi. So, go get your warrior pose on while floating with Tracy.



HEY! go see Jeff to get your paddle/peddle on!!! He can accommodate parties of all ages,sizes makes and models. Do not miss the night light paddles or SUP Fitness. I hear they are remarkable!!!!